

Menu: Saint Louis k-8 Lunch
 School: AMES ES
 Dates: April 01, 2015 - April 30, 2015

Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
1450135	Applesauce	No	No	No	No	No	No	No	No
1450359	Applesauce, Unsweet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451412	Baked Rotini w/ Vegetables & Breadstick	Yes	No	Yes	No	No	No	No	Yes
1450533	BBQ Chicken Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450309	Bean & Cheese WG Burrito HM	No	No	Yes	No	No	No	No	Yes
1451563	Beef Flour Tacos, WG, HM, P, 6"	No	No	Yes	No	No	Yes	No	Yes
1450838	Beef Nachos 2G	No	No	Yes	No	No	No	No	No
1450701	Beef Ravioli w/ Roll	No	No	Yes	No	No	Yes	No	Yes
1451045	Broccoli & Garlic Rotini w/ Chicken	No	No	No	No	No	No	No	Yes
1450550	Cheese Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450311	Cheeseburger	No	No	Yes	No	No	Yes	No	Yes
1450334	Chicken Burrito WG 9" HM	No	No	Yes	No	No	Yes	No	Yes
1450318	Chicken Nuggets, Elementary w/ Roll	No	No	No	No	No	Yes	No	Yes
1450932	Chicken Patty Sandwich, Breaded	No	No	No	No	No	Yes	No	Yes
1451602	Com Kernels	No	No	Yes	No	No	Yes	No	No
1450356	Diced Pears	No	No	No	No	No	No	No	No
1450403	Fat Free Chocolate Milk	No	No	Yes	No	No	No	No	No
1450448	Fish Nuggets	No	Yes	Yes	No	No	No	No	Yes
1921580	Fresh Apple	No	No	No	No	No	No	No	No
1450140	Fresh Banana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450269	Fresh Orange	No	No	No	No	No	No	No	No
1450325	Fresh Steamed Broccoli	No	No	Yes	No	No	Yes	No	No
2138475	Fruit Cocktail	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451415	Garlic & Herb Chicken Rotini w/ Breadstick	No	No	Yes	No	No	Yes	No	Yes
1451448	Garlic Chile Chicken Stir Fry w/ Rice	No	No	No	No	No	Yes	No	Yes
1451611	Green Beans	Yes	No	Yes	No	No	Yes	No	No
1450514	Green Peas	No	No	Yes	No	No	Yes	No	No
1450792	Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes

2159211	Grilled Cheese Sandwich & Tomato Soup	No	No	Yes	No	No	Yes	No	Yes
1450652	Grilled Chicken Wrap	Yes	No	Yes	No	No	Yes	No	Yes
1450800	Grilled Ham & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450480	Hamburger	No	No	Yes	No	No	Yes	No	Yes
1451438	HM Meatloaf w/ Roll & Rice	Yes	No	No	No	No	No	No	Yes
1451481	Italian Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1450494	Ketchup Dispenser	No	No	No	No	No	No	No	No
1451464	Large BBQ Chicken Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1450767	Large Chef Salad w/ Roll	No	No	Yes	No	No	Yes	No	Yes
1451472	Large Grilled Chicken Garden Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1451242	Large Ham & Cheese Salad	No	No	Yes	No	No	Yes	No	Yes
1451011	Macaroni & Cheese	No	No	Yes	No	No	Yes	No	Yes
1450699	Mashed Potatoes	No	No	Yes	No	No	Yes	No	No
1450525	Mayonnaise Dispenser	Yes	No	No	No	No	Yes	No	No
1450875	Meatball Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450454	Mexicom	No	No	Yes	No	No	Yes	No	No
1450747	Moz Cheese Quesadilla 9"	No	No	Yes	No	No	Yes	No	Yes
1450534	Mustard Dispenser	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451450	Orange Chicken w/ Rice	No	No	Yes	No	No	Yes	No	Yes
1850599	Pancakes and Sausage	Yes	No	No	No	No	Yes	No	Yes
1451225	Pineapple Tidbits	No	No	No	No	No	No	No	No
2161849	Pretzel Bun Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450424	Ranch Dispenser	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451628	Salad Bar, Beans, Garbanzo	No	No	No	No	No	No	No	No
1450500	Salad Bar, Broccoli, Florets	No	No	No	No	No	No	No	No
1450536	Salad Bar, Carrots, Baby	No	No	No	No	No	No	No	No
1450505	Salad Bar, Celery, Sticks	No	No	No	No	No	No	No	No
1450506	Salad Bar, Cucumber, Raw	No	No	No	No	No	No	No	No
1451086	Salad Bar, Lettuce/Spinach Mix	No	No	No	No	No	No	No	No
1450544	Salsa, Canned (C)	No	No	No	No	No	No	No	No
1450601	Sausage Pizza	Yes	No	Yes	No	No	Yes	No	Yes

1450694	Seasoned Potato Wedges	No	No	No	No	No	Yes	No	No
1451216	Sliced Peaches	No	No	No	No	No	No	No	No
1451600	Small Chicken Caesar Salad w/ Crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451597	Small Crispy Chicken Salad w/ Crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451591	Small Italian Chicken Salad w/ crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451589	Small Southwest Chicken Salad w/ Crackers	No	No	No	No	No	Yes	No	Yes
1450676	Southwest Veggie Wrap	Yes	No	Yes	No	No	Yes	No	Yes
1451202	Spaghetti w/ Meatballs	No	No	Yes	No	No	No	No	Yes
1985296	Spicy Chicken Rings w/ Roll	No	No	No	No	No	Yes	No	Yes
1450715	Spicy Chicken Sandwich	No	No	No	No	No	Yes	No	Yes
1451454	Sweet & Sour Chicken w/ Rice	No	No	No	No	No	Yes	No	Yes
1450882	Syrup Cup	No	No	No	No	No	No	No	No
1450636	Tater Gem	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450632	Turkey & Cheese Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450384	Turkey Corn Dog	Yes	No	Yes	No	No	Yes	No	Yes
1450827	Turkey Melt Sandwich	No	No	Yes	No	No	Yes	No	Yes
1451432	Turkey Taco Salad	No	No	Yes	No	No	Yes	No	No
1450735	Vegetables, Frzn, 5 Way Mixed	Yes	No	Yes	No	No	Yes	No	No
1450400	White 1% Low Fat Milk	No	No	Yes	No	No	No	No	No
2139199	Winter Mix Veggies	No	No	Yes	No	No	Yes	No	No

* = Indicates missing Nutrient Information.

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